



1. We would like to summon all those brothers and sisters who would like to come forward to help create a healthy, capable and cultured India as envisaged by Swami Ramdev Ji Maharaja. We invite them to become Yoga teachers. Please come! Become yogi and healthy and useful yourself and make others yogi and healthy and be associated with this pious mission.

2. We wish to create a India where individual be it rich or poor, belonging to any religion or class is healthy-physically as well as mentally (emotionally). It is misfortunate that in spite of spending 6 crores rupees only 35% population gets allopathic treatment – a treatment that mere suppresses and not cures. Diseases cannot be cured through medicines. Around 65% of population i.e. around 70 crores cannot bear expensive allopathic treatment. Therefore, if you want to build a healthy, prosperous, affluent and cultured India then please come forward and start practicing Yoga and help others become healthy disease free- come forward to become a Yoga teacher.

3. We want to build a healthy as well as a clean India. Country's land, cereals, water, rivers, air and sky everything is polluted. In India almost 50% of the diseases are caused by pollution. Maharishi Patanjali has stated “शौचसन्तोषतपःस्वाध्यायेश्वरप्रणिधानानि नियमाः॥” First rule viz *sauch* refers to cleanliness or hygiene. Yajna purifies universe, planting trees purifies environment, water purifies body, truth purifies mind, donation purifies money, knowledge purifies intellect, wisdom purifies soul. Self restraint purifies politics, 100% voting and providing identity cards to every citizen purifies nation. This way we want to build a clean and a strong India. Patience and good conduct can be inculcated by practicing yoga which will eliminate dangerous diseases like AIDS and sexual crimes thereby building an ethical society and nation. At the same time we want to eliminate poverty, unemployment, insecurity, starvation and diseases by population control. We wish to find the solution of burning and difficult problems of the nation through yoga and solicit your cooperation in this in this revolution. Now please come forward and become a yogi and make the nation healthy. Together we can make a strong healthy and self sufficient India.

4. This is our moral social and national responsibility that we help the nation on whose soil we are born; the nation which has given us power, prosperity, respect and identity, our endeavor should be whole heartedly,

mind body and soul. We can provide a new life through yoga to persons in distress and trauma, no other deed can be as holy as saving somebody's life. Most Revered Swami Ramdev Ji Maharaj has saved lives of crores of people and has invoked their self esteem at the same time through yoga. Indigenous industries, Indigenous education, Indigenous treatment, Indigenous technology, Indigenous knowledge, Indigenous food, Indigenous languages, Indigenous dress and dignity without these no nation can become a great nation. In the entire setup of medical treatment and education we want to create a unique identity for our nation by evolving our own language, culture, tradition, Vedic knowledge and esteem among the fellow citizens of our country. We want to free our nation from the shackles of those foreign companies which have sold their goods, manufactured by zero technology, thereby have looted lakhs and crores of Indian money. We appeal to all the nationalist to boycott all the goods like lux, lifebuoy, rin, ponds, close up, colgate Pepsi, coke and junk food which are manufactured by zero technique. Instead of using the products of MNCs like Lever, Pepsi, Colgate Palmolive we should use product of Indian companies. Economic strength is the biggest strength of any country. If there is monetary drain through trade then this amounts to cheating on the country, we purchase goods made by foreign companies and unknowingly the money goes out to the foreign land. Please take a pledge and make others also take a pledge that we shall not use goods manufactured by foreign companies. We shall use indigenous goods and encourage others to do the same. We shall invoke the feeling of *my country* in everybody's heart through Yoga revolution and make India self sufficient so please come forward !Be a part of the **Yoga Revolution** — the largest revolution of the 21<sup>st</sup> Century after independence – become yogi and healthy we invite you !

5. Country's young force and mother's power, nation loving advocates, businessmen doing social service,

working or retired workers and officers are invited to get associated with Yoga Movement run by venerable Baba Swami Ramdev Jee Maharaj so as to do *Yoga Jagaran* as well as nation awakening. Also by practicing Yoga healthy body, healthy mind and healthy thinking will lead to formation of personal character and to support the national character formation please do come forward to get trained as a Yoga teacher.

6. We hereby summon country's alert, dutiful, patriot and brave brothers and sister, retired soldiers and paramilitary force soldier's, patriot farmers who intend to make a healthy India by Yoga along with to assimilate the best powers of the nation and those who want to unmask the corrupt, fraud and characterless of the country to get a new freedom, a new structure and want to start tot 1 revolution to build a New India. We want to associate the national wakening movement to the Yoga wakening movement. SO come and devote at least 1 or 2 hours for the country. Practice Yoga yourself and please come forward to teach others.

7. If you wish that country's citizen and leadership is in the hands of nation lover, brave, transparent, person having vision, humanist, spiritual and courteous. If you wish to remove the hatred in the country due to corruption, crime, violence, terrorism, racism, regionalism, communalism and language and to propel unity, diversity and social harmony and increase in brotherhood happens, there happens a developmental positive thinking and India once again becomes the super power of the world, India leads the world from a spiritual point of view and India becomes a role model for the world, then to meet this ambition we need your support. Nation dharma is the biggest dharma and nation's interest is most important- the people having such thinking will be united by the medium of Yoga-Dharma and we wish to attach each and every person with nation-dharma. This way we can eliminate the humiliations bred due to centuries of slavery and to wake the self-pride of each and every Indian. Come! Be a Yoga teacher at this moment. Wake up and come forward to wake the sleeping country. It's now or never.

8. In Geeta the lord of Yoga , Lord Srikrishna says: तपस्विभ्योऽधिको योगी , ज्ञानिभ्योऽपि मतोऽधिकः। कर्मिभ्यश्चाधिको योगी , तस्मात्-योगी भवार्जुन॥ (गीता 4.46)

In the ascetic the supreme is Yogi, in the scholars the supreme is Yogi, in the working people too Yogi is the best, that's why Oh Arjun! become a Yogi before

doing anything else in your life. Yoga makes us disease free as well as they make us a good human. It makes us a good Hindu, good Muslim, good Christian or a good Sikh. With truthful and good Indians India will be great. We have come to your doorstep by being an ambassador of Yogarshi Swami Ramdev Ji Maharaj to inspire you. Get up, wake up, and surrender yourself to Yoga! If you don't get up now it will be too late and darkness will follow! Be a Yogi-healthy and make the country and the society Yogi and healthy and useful. Come forward for this cause.

9. By Yoga dharma we wish to start national dharma. We wish to, by the virtue of Yoga, have healthy body, healthy mind and healthy thinking so as to the construct the individual character and to uplift the national character. Also we wish to overcome our citizen's political illiteracy, illusion, obstinacy, silence and sadness by igniting a patriotic thinking. By difference in the thinking we want to bring new freedom. Before independence the war was with foreigners, who looted us like barbarians, made us slave, did bad treatment and extortion with the people of country. We were able to become free from the foreign clutches but in independent India also in the name of ruling the same bad treatment, injustice, extortion and corruption are at their best. In the whole country there is an atmosphere of insecurity and unbelief. In such a situation the country needs a pure patriotic thinking by which we can drive out these corrupt, cheater and criminal sort of people from power and bring a new independence to the country. Our vow is that the nation's power is in the hand of a patriot, brave, transparent, distant viewer, and humanist, spiritual and courteous people. The parliament for which we select our MLAs, MPs and other people representatives and make them seat at the top of the throne, the same parliament is the supreme power of the nation. The national parliament is the supreme center of all the machineries of the country. The national power decides what should be the teaching structure of the country, what should the children study? The medical treatment structure, economical structure, law and security structure's responsibility lies with central power. To make the agriculture structure improving by which the food problem and hunger problem gets eliminated and to properly utilize the labor power so as to eliminate unemployment, poverty, hunger and illiteracy and to develop the country all are answerable by the central

power. If the national politics is okay then the full system runs well. Politics, patriotism, nation dharma is mentioned to mean all those arrangements, rules and regulation, values and traditions by following which pleasure, prosperity and happiness comes in the country and the country continuously increases in the direction of development but unfortunately the leaders leading the entire system of the country don't have a correct character as a result of which corruption prevails in the whole nation. Our national dharma, national arrangement and democracy's idol is "Maryada Purushottam Raja Ram, Yogeshwar Krishna, Chandragupta, Vikramaditya, Samrat ashoka, Tilak, Gokhale, Gandhi, Netaji Subhas, Iron man Sardar Patel, Laal Bahadur Shastri etc. But due to today's third grade politics, in the democracy maximum people sitting at the top are corrupt, cheater, without having moral and are criminal sort of and if some nation loving, characterful, honest person talks about cleanliness of politics and in place of unrestricted without decorum politics by igniting patriotism, talks about new revolution and new structure to build a new nation; to eliminate corruption, crime, violence and hatred so as to bring pleasure in society, prosperity and harmony then these corrupt, dishonest and criminal sort of few people do not like this all and they justify that honest, literate, patriot, truthful and good people should stay away from politics. SO that these dishonest cheat can destroy and loot our country according to their own wish. Come! we pledge that neither we will loot our country neither will let anyone to do so. And we will oust from power and will punish for their misdeeds the corrupt and dishonest people who have looted and destroyed our country. If we keep dumb and silent and hope that some prophet or incarnation will come and change our country then this is our illusion. To achieve something we will have to stand ourselves and fight ourselves.. Without struggle there is no victory. Now don't live a life of humiliation, recognize your strengths and after being united defeat these devil forces and uproot the corrupt sitting at the top power and get some supreme person seated there. We ask patriots, brave and full of energy brethren that at first be a Yogi! Then from Yoga dharma wake up your self dharma, and come forward to devote everything you have to nation dharma and national awakening's pious and pure mission. We all after being healthy and united will construct a New India. Bharat

Mata Ki Jai (Long lives Bharat Mata).

**An Appeal by :** Acharya Balkrishna, Mahamantri, Patanjali Yogapeeth and Patanjali Yoga Society.

To become a yoga teacher contact headquarters, zonal office or district office.

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